

LIFEGUARDS WANTED

The City of
SAN DIEGO
Parks and Recreation Department

**Work with a team.
Develop leadership skills.
Make a difference in your
community!**



Monday, June 17 through Friday, June 28, 2019

Monday/Wednesday/Friday 8:30am-3:30pm

Tryouts

June 13th, 2019 at 5:30pm

**Bud Kearns Pool
2229 Morley Field Dr.
(619) 692-4920**

Cost: \$231
(\$190 Class Fee, \$39 ARC fee, \$2 transaction fee)

Tryouts & Requirements

- Swim 300 yards continuously using the front crawl, breaststroke or a combination of both.
- Swim 20 yards, surface dive head or feet first, to a depth of 7 to 10 feet to retrieve a 10-pound brick. Return to the surface and swim 20 yards, on back with face at the surface, holding the 10-pound brick with both hands, and exit the water without using the ladder or steps. This must be completed within 1 minute and 40 seconds.
- Tread water for 2 minutes, using legs only.
- Be 15 years of age by June 28th, 2019. Proof of age will be required upon registration.

Attendance at all scheduled classes is mandatory. Graduates of the program will attain the following American Red Cross certifications: Lifeguarding/ CPR/ AED and First Aid for Public Safety Personnel (Title 22).

As a recipient of federal funds, the city of San Diego cannot discriminate against anyone based on race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request.